# SPECIAL CAPITAL CAMPAIGN ISSUE

SUMMER 2024

LET'S GR W TOGETHER Expanding locally to impact globally Abe's Garden Community

# Need-Based Expansion in Progress

# \$20MM Capital Campaign to Provide Memory Support Wait List Relief

Abe's Garden Community is located in the heart of Nashville

Continued on page 2



We are thrilled to announce our \$20MM, 5-year Let's Grow Together ~ Expanding Locally to Impact Globally capital campaign! Through a 3-month feasibility study in the summer of 2021, current and prospective families and philanthropic partners spoke clearly: we need more memory support suites!

Other priorities revealed during the interviews include 20 additional assisted living apartments, a chapel, additional dining options for independent living, and a dedicated education and training suite to learn, practice and share our evidence-based best practices in care and engagement. When finished, this project will fulfill the original plan to add a fourth household for those living with dementia and will increase the current memory support capacity by 50%, allowing 20 more families on the dementia journey to receive immediate residential support.

After receiving this feedback and input, we established our goal and began meeting with individuals who expressed interest in pledging their support for an expansion and renovation project. Simultaneously, we engaged Nashville-based ESa as architects and R.C. Mathews as our local general contractor.

### **Rooted in Excellence**

In our first nine years as a memory care community, we have proven there is a better way to serve those with cognitive impairment. Our dedicated team members, board of directors, and philanthropic partners have put Abe's Garden Community on the map as a local, regional, national, and international resource.

We demonstrate and share how to use person-directed, meaningful engagement to improve the quality of life for, and maintain the dignity of, individuals with memory loss. The growth in demand is illustrated by our memory support wait list averaging 50 people every month and fully occupied assisted living. The time is right to increase capacity on campus to provide relief for those in need. Members of the Abe's Garden Community Leadership Team, Board of Directors, and Capital Campaign Team are ready for construction to begin!

Photo by Robert Heller

# **Capital Campaign Nearing Its Goal**

To date, we have received \$16.3MM in gifts and pledges! Mike Shmerling, founder and board chair remarks:

"The generosity has been overwhelming and humbling. So many friends and families share their own stories of heartbreak and their journey to healing. Many express the need for more places like Abe's Garden Community that are committed to elevating care through purposeful engagement for those living with Alzheimer's. These testimonies mirror my family's experiences when we were seeking quality care for my dad. I am grateful to the dedicated team members who do this work every day."

From its inception, the mission of Abe's Garden Community has been to establish a replicable model for quality memory care services. The *Let's Grow Together* capital campaign expands our on-campus capacity and provides designated spaces to educate private and professional caregivers both within and outside of our physical campus.

# We Need YOU to Help Us Finish Strong!

You will see in this issue the list of 131 generous individuals and families who have have recognized the need and demonstrated their support for this expansion and renovation project, including 100% of our board members. A huge THANK YOU to each and all of our philanthropic partners.

If you have not yet had the opportunity to be involved in the campaign, now is the time to add your name to the list! We would appreciate the chance to enlist your feedback and support. Over the next several months, we will host small group gatherings and would love to add you to the invitation list. If you'd like to be invited, please contact a development team member!

We look forward to hearing from you and appreciate you responding to us when we contact you. Please be part of our success! Together we can move the Abe's Garden Community mission forward for greater impact locally and globally.

**AREAS OF GROWTH** Capital Campaign Construction Priorities

### **Memory Support Household**

This household with 20 private memory care suites and its own kitchen, dining area, and patio will be part of the existing secure memory support area with access to the courtyard.



### Memory Support Family Room

The new household's family room design includes a fireplace and hearth for small group gatherings, family visits, fireside chats, singalongs, and other popular activities.

Memory Support Family Room (Naming Available)



#### Theater & Music Therapy Lab (Naming Reserved)

### Theater & Music Therapy Lab

Equipped with state-of-the-art Dolby audio equipment, this space will elevate innovative engagement opportunities in music and movement and allow researchers to further explore the benefits of music.

# Chapel ►

The chapel provides a quiet space for reflection, prayer, support groups, Bible study, and other faith-based gatherings for residents, families, and team members.



Chapel (Naming Reserved)



Bistro Dining (Naming Available)

### ✓ Bistro & Hearth

The independent living bistro and hearth offer residents and families a casual dining option to mark special occasions and holidays or enjoy a meal, snack, or beverage.



Bistro Hearth (Naming Available)

### Education & Training Suite ▶

Abe's Garden Community team members and those from other senior care communities will have a space to learn and demonstrate Hearthstone's research-based care and engagement approach.



Education & Training Suite (Naming Available)



### Terrace

This new outdoor space for residents, families, and visitors to enjoy will be ideal for times of intentional outdoor engagement and scheduled special events.

Terrace (Naming Reserved)

### Community Room >

This multi-use space is designed to accommodate gatherings of all sizes from smaller resident wellness classes to larger education sessions using stateof-the-art audio-visual equipment and technology.

Capital Campaign project plans also include renovating the independent living courtyard, new spaces for the fitness center and wellness therapy studio, a relaxation porch, and a catering kitchen.

For available naming opportunities, please contact Mandy Hansen at mhansen@abesgarden.org or 629.249.1141.



Community Room (Naming Reserved)

Donors By Giving Level

### \$2,000,000 & up

Lisa & Mike Shmerling Cal Turner

### \$1,000,000 -\$1,999,999

Barbara & Herb Fritch Debbie & Jim Shmerling Anonymous

### \$500,000 - \$999,999

Anita & William Cochran Foundation Stephanie & John Ingram Milton & Denice Johnson Family Foundation Robin & Bill King

# 66

David and I want more families who are navigating this disease near and far to have access to the great services and resources Abe's Garden Community offers. We are so grateful that our friends are responding and recognizing the importance of AGC.

> – David & Caroline Bartholomew, Capital Campaign Cabinet

### \$200,000 - \$499,999

Caroline & David Bartholomew Judith & Richard Bracken Meredith & Scott Burns William & Eugenia Cammack Fund Katie & Kevin Crumbo Anonymous Melissa & Bobby Frist Joe Galante Lisa & Tony Giarratana Heidi & John Hassenfeld Marlene & Spencer Hays Foundation The Robert P. Maynard Legacy Fund Lynn McPheeters Shirley & Stuart Speyer

### \$100,000 - \$199,999

Melba & Bill Blevins Barbara & Kix Brooks Kim & Glen Campbell Foundation Mark Clark Judy & Joe Cook Alberta & Robert Doochin Donna & Jeffrey Eskind Carol & Robert Frist H. Rodes Hart Paul Kuhn Robert Lipman The Majors Family Jack May Maria & Bernie Pargh Anonymous Brenda & Joe Steakley Ann Potter Wilson Foundation

### \$50,000 - \$99,999

Grace & Carl Awh Mary & Lee Barfield Amberly & Phil Billington **Diane Nydick & Christopher** Brown Ashley & Joe Cook, III Helen Cummings **Fishel Family Foundation** Gallagher Risk Management Services Rae & Bruce Hirsch James R. Meadows, Jr. Foundation Michelle Miller & Suzanne Elmer Marlene Moses Elizabeth & Larry Papel Ed & Terry Allison Rappuhn Anonymous Kathy & Bobby Rolfe Pam & Tom Wylly, II

### \$20,000 - \$49,999

Cecelia & Mike Condrey Tracy & Senator Bill Frist Anonymous Susan & Jerry Geraghty Bob Heller Anonymous Melanie & Doug Hirt Deborah Smith-Holmes & **Donald Holmes** Leslie & Howard Kirshner Anne & Ted Lenz Marisa & Michael Mayhan Mary Ann & Dick Peugeot Debbie Miller & Bill Purcell Linda & Art Rebrovick William & Sara Robin Family Fund The Simmons & Wingo Families Saurabh Sinha Lisa & Stephen Small Frances & Jimmy Spradley, Jr. Larry Trabue Karen & Fred Yazdian

### \$10,000 - \$19,999

Jean & Dennis Bottorff Cathy & Martin Brown Sandra & Jim Daniell Dottie Frist Judy & Gil Given Aubrey Harwell, Jr. Family Eva & Lynn Maddox Katherine & Ryan Moses Mary Kate Mouser Pamela & Philip Pfeffer & The Pfeffer Foundation Yuliya & James Phillips Libby & Thomas Shell Nina Sivek I full-heartedly support this capital campaign. I know Alzheimer's is devastating. I'm impressed by what Abe's Garden Community is doing to help those affected ~ especially the way they use music to engage residents and community group participants. More and more people I know are looking for support as they slowly lose people they love ~ and Abe's Garden Community offers that support."

– Kix Brooks, Country Music Artist

### \$1,000 - \$9,999

Shannon & John Barton, III Beasley Family Foundation Laura & Michael Beber Debbie & Buddy Best Donna & Mark Coleman Anonymous Danielle & Harris Gilbert Risa Klein Herzog & Drew Herzog Anonymous Lynn & Jules Kroll Charlotte Nesbitt Langford Judy & Steve Lefkovitz Nancy Brown & Andrew May The McGugin Family Beth & Paul Moore Dana Moore & Jack Isenhour Steve Moran Linda & Rock Morphis Anonymous Katie & Tom Steele Leslie & Barry Stillman Laurie & Carter Todd Abby Trotter Karen & Howie Weil Brenda Wynn Etta & Raymond Zimmerman Fred Zimmerman Leigh & Peter Zimmerman

### Up - \$1,000

Geraldine Bryant Kim Campbell Janice Campisano Mimi & Frank Friedman Gretchen & Randy Goldstein Stacy Harris Marie & George Masterson Jayne Sallerson

We appreciate all of these amazing philanthropic partners! If you notice any changes that need to be made, please contact Mandy Hansen at 629.249.1411 or mhansen@ abesgarden.org. This list reflects gifts and pledges made on or before 7/15/2024.

\$20MM

131 donors have contributed



# 81% of goal



115 Woodmont Boulevard Nashville, TN 37205

Let's Grow Together Use this QR code for more information about our capital campaign.





www.abesgarden.org

Abe's Garden<sup>®</sup> Community is a 501(c)(3) nonprofit organization.

Open Now for Exciting News!

READ ABOUT AND SEE PLANS FOR THE ABE'S GARDEN COMMUNITY EXPANSION — REDUCING THE WAITLIST TO SERVE MORE INDIVIDUALS WHOSE LIVES ARE TOUCHED BY MEMORY LOSS!

(L to R) Board members Scott Burns, Bernie Pargh, Mike Shmerling, Mina Johnson, Katie Crumbo, and John Hassenfeld show their enthusiasm for expanding locally and increasing global impact. Photo by Robert Heller



Thank You to Our Campaign Co-chairs

Caroline & David Bartholomew and Meredith & Scott Burns, and cabinet members Phil Billington, Heidi & John Hassenfeld, and Jim Shmerling. We appreciate your commitment to the success of the campaign!

Ways to Give

To be included on the permanent contributor recognition installed before the Grand Opening, gifts and pledges should be made before October 2025. You may choose to be listed as Anonymous. Pledges may be paid over 3-5 years or on your preferred schedule.

In addition to gifts made by check and credit card, you may want to consider one or more of these tax-advantageous ways to make a gift or pledge payment:

- Transfer appreciated stock, mutual funds, marketable real estate, or other assets to Abe's Garden Community and avoid the capital gains tax.
- Request a gift to be made to Abe's Garden Community from your Donor Advised/ Charitable Gift Fund. (You can use appreciated assets to fund your DAF/CGF.)
- If you are 70 ½ or older, make a direct transfer from your IRA up to \$100,000 each year. You pay NO federal income tax on the transfer and it DOES count toward your minimum required distribution. Contact your administrator.
- 🚸 Update your will or add a properly signed, dated, and witnessed codicil.
- Add Abe's Garden Community as a beneficiary to your IRA, 401(k), life insurance policy, or trust. Beneficiary forms are usually available online.
- Designate the remainder of a specific mutual fund, bank account, or Donor Advised Fund.
- Leverage your appreciated stock, real estate or other real property to provide income and asset distribution by naming Abe's Garden Community in a charitable remainder trust or charitable lead trust.

Please contact a member of the development team with questions and to learn about complimentary estate planning education offered by Abe's Garden Community through our partnership with Thompson & Associates:

Mandy Hansen | mhansen@abesgarden.org | 615.345.9575 Donna Coleman | dcoleman@abesgarden.org | 513.218.9643 Risa Klein Herzog| rherzog@abesgarden.org | 615.202.9772

To ensure your gift plans are carried out as you intend, please include this information in your documentation:

Organization Legal Name: **Abe's Garden** Address: **115 Woodmont Blvd., Nashville, TN 37205** EIN: **06-1818302**  LET'S GR & W TOGETHER

Expanding locally to impact globally

Wellness in Philanthropy

Excerpts from *Give To Live* by Douglas M. Lawson, Ph.D.

"What lies behind us and what lies before us are tiny matters compared to what lies within us." ~ Ralph Waldo Emerson

### Physical

"Giving is not just a minor influence on good health but the key to bodily and mental well-being. The studies show that for all ages (but particularly among the elderly), one way to escape premature physical and emotional deterioration is by staying in the service of others."

"Researchers point to the endorphins, the body's own opiate system, as the source of the high people experience in doing good works. For some, these enhanced feelings last a long time."

### Vocational

"Try to see volunteering as an opportunity to find enjoyment and pleasure through sharing. By helping others you enhance your self-image and match your skills to real needs that might not otherwise be met."

"A new kind of service can be reinvigorating and exciting. Change and challenge keep all of us flexible and involved."



#### **Emotional**

"Acts of generosity should nourish the people who do them. If you aren't getting much satisfaction from your work of giving, maybe you should look for a cause that would be closer to your heart. There's already enough drudgery and sacrifice in the world, but hardly enough joy."

"Instead of the old slogan 'Give until it hurts,' it seems we should say 'Give until you feel great.'"

#### Spiritual

"To many who give, it's the spiritual reward that leads them to volunteer. For others, it's a belief that added blessings will be showered on those who help. For still others it is a simple recognition that we are our brothers' keepers.... An act of philan-thropy is an act of love. In a world filled with violence, hatred, and suspicion, giving is an expression of faith, trust, and concern. Giving is spiritually uplifting - a powerful display of fundamental goodness."

#### Intellectual

"Greater satisfaction is also possible in giving money. Investigate the cause vou are interested in - call the people in charge. Visit them. Find out more about their needs. Earmark your funds for a particular project and follow its progress. Get to know other volunteers in the organization. Find out about other needs perhaps you have special contacts or resources they can use. When you become personally involved in your giving, you can change the arms-length to an armsaround approach."

### Social

"For every book on the powers of giving and sharing, there are fifty on how to suc- ceed in careers. For every college course on community responsibility, there are hundreds on technology and business. We simply haven't spent much energy teaching people how to get in touch with their personal powers to make a difference in the lives of others."