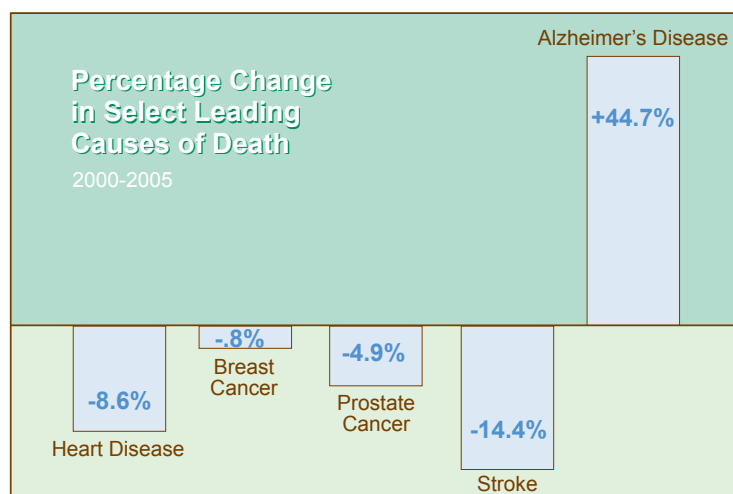


## The Need for Abe's Garden

According to a study published in *Neurology*, and cited in the Alzheimer's Association 2007 Statistical Abstract of U.S. Data on Alzheimer's disease, by



Source: *Senior Journal*, April 20, 2006

\*Hebert, LE; Scherr, PA; Bienias, JL; Bennett, DA; and Evans, DA. "State-specific Projections through 2025 of Alzheimer's Disease Prevalence." *Neurology* 2004

the time Abe's Garden is constructed, it is estimated that there will be 120,000 individuals in Tennessee diagnosed with Alzheimer's disease. Extrapolating based on current population, that translates to 40,000 individuals with Alzheimer's in Middle Tennessee.\*

Compounded by projections that one in six women, and one in eight men, of the baby boom generation will develop Alzheimer's (note: these figures do not include individuals with other dementia-related diseases who are eligible to receive comprehensive services at Abe's Garden), coupled with the fact that there is currently no effective treatment or cure, our community and our country are in dire need of research-based, improved-care models. Creating Abe's Garden in Nashville will provide much-needed services to our senior population, while further securing our city's position as a leader in healthcare services. 🌱

## Behind the Statistics

by Caroline Bartholomew

My mother didn't have many options when she realized she had Alzheimer's. I think that's why she denied it and told me that her doctor said "anyone who looked as good as she did couldn't possibly have the disease." Over the next 12 years, Alzheimer's took all of her as I helplessly watched. We were told there was no hope. It is precisely hope that I believe Abe's Garden will give others who suffer from Alzheimer's and their families: hope for a longer and more meaningful life, hope for happiness and eventually hope for complete eradication of this heinous disease. 🌱



Caroline Bartholomew, children Claire, Mary Katherine, William and Ellie, and Caroline's mother, Pat McNeilly, at the time of her diagnosis.

## Volunteer Snapshot: Karen Taylor-Good



Immediately upon learning about a revolutionary Alzheimer's and dementia care community being organized in the heart of Nashville, Karen Taylor-Good

offered her assistance and asked to have her mother considered as a future resident of Abe's Garden. Her mother, Molly Berke, was diagnosed five years ago with dementia.

"Each day seems to be harder for my mom to live in assisted living, but she's still hanging in there," said Ms. Good.

There is much preliminary work to be done in developing Abe's Garden. Ms. Good has been an active participant from the outset, conducting online research, generating ideas for special event fundraisers, and now serving on the newly formed Abe's Garden Special Events Committee. "I want to do anything I can to help make this place happen," she said. Currently, Ms. Good is organizing a fund-raising concert in which she will perform with fellow singer-songwriters.

As a Grammy-nominated songwriter and vocal artist, Ms. Good has had numerous international radio hits, with songs recorded by such artists as Laura Branigan, Melissa Manchester ("A Mother's Prayer"), Al Jarreau, Nana Mouskouri and Patty Loveless (No. 1 single, "How Can I Help You say Goodbye"). You may have heard her singing jingles for United Airlines, Taco Bell, Peter Pan Peanut Butter or McDonald's commercials on radio and television.

Ms. Good's expertise extends to public speaking, where she has inspired, motivated, encouraged and

entertained thousands, enhancing her presentations with a unique delivery and powerful songs. As an author, her book, "On Angel's Wings," contains poignant and uplifting stories on the subjects of aging parents, teenagers, child abuse, and spirituality. She has assisted hospice groups across the country, raising over \$750,000 with her "Gift of Hospice" fundraising program.

"Each time I speak with Karen, I am reminded of the urgent need for Abe's Garden, as well as the limitless

ways individuals can contribute to it. We are very fortunate to have such a talented and kind person as Karen working with us," said Beth Zeitlin, capital campaign director for Abe's Garden. "Karen and her mother are an inspiration for us to move quickly in making Abe's Garden a reality."

To become an Abe's Garden volunteer, contact capital campaign director Beth Zeitlin at 615/345-9575, or email [bzeitlin@abesgarden.org](mailto:bzeitlin@abesgarden.org).

*I want to do anything I can to make this place happen.*

Karen Taylor-Good



## Board Member Snapshot: Peter Miller

Peter Miller has graciously agreed to serve a two-year term as a member of Abe's Garden's board of directors. Peter is providing invaluable insight regarding innovative technology to incorporate within Abe's Garden. Having founded several businesses, his knowledge of the essential elements to a successful start-up have proved to be critical as the organization moves through the planning stage of development.

Mr. Miller is director of the Vanderbilt HealthTech Laboratory, whose mission is to foster the revolutionary transformation of healthcare process. This is accomplished through the discovery and demonstration of disruptive informatics-based technologies empowered by a unique public-private collaborative ecology.

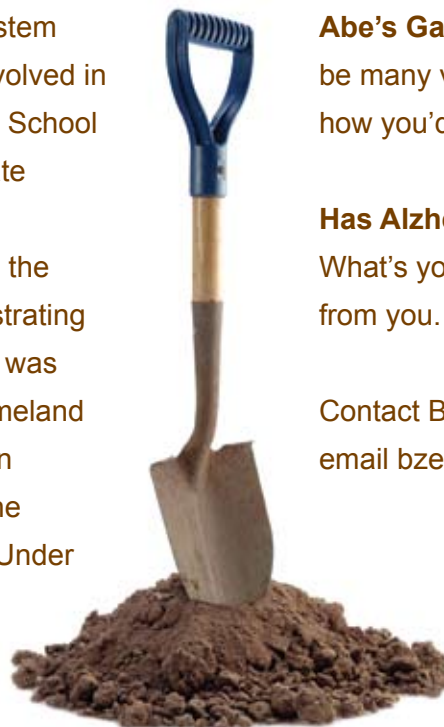
Over the years, Mr. Miller has consulted with numerous firms involved in many areas of information systems and services, including knowledge mining and analysis, delivery of innovative services over broadband infrastructure, and improvement of computer system usability. For many years, Mr. Miller was also involved in pioneering work in bioinformatics at the Harvard School of Public Health, Mt. Sinai Hospital and Downstate Medical Center in New York.

In 2003, Mr. Miller left private industry to join the U.S. Department of Homeland Security, demonstrating his commitment to this national effort. There, he was director of the Mission Support Office of the Homeland Security Advanced Research Projects Agency. In recognition of his contributions, Mr. Miller won the 2005 Secretary's Award for Excellence and the Under Secretary's Award for Program Management.

Mr. Miller's career in information technology is extensive, including his founding several technology companies. He was a founder of ON Technology, Inc. and was also the founder and CEO of 1010data, Inc., a provider of advanced data mining and analysis services over the Internet, utilized primarily by the financial services industry. He also served as senior corporate vice president at Viacom, Inc., head of engineering for the Consumer Products Division of Apple Computer, and director of advanced technology at Lotus Development Corporation. 🌱



## Plant a Seed



**Would you like to get involved with Abe's Garden?** As we grow, there will be many volunteer opportunities. Tell us how you'd like to help.

**Has Alzheimer's affected your family?** What's your story? We'd like to hear from you.

Contact Beth Zeitlin at 615/345-9575 or email [bzeitlin@abesgarden.org](mailto:bzeitlin@abesgarden.org).

*seeds*  
SUMMER 2008

Abe's Garden will be a center of excellence for persons diagnosed and suffering from Alzheimer's disease. The goal of this facility and program is to transform the full continuum of care for those affected by Alzheimer's and other dementia related diseases throughout the United States, by providing an unprecedented level of care and comprehensive array of services for individuals currently suffering from these diseases in Middle Tennessee. Equally important, it will be a site of research and teaching, setting a new standard for other programs and facilities seeking to care for our nation's rapidly expanding senior population.



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## Board Leadership Named

ELECTED SEPTEMBER 15, 2007	PROFESSIONAL AFFILIATION
Michael D. Shmerling President & Chairman of the Board	Chairman, Choice Food Group; CEO and Chairman, XMi
James C. Phillips, MBA · Treasurer	Vice President and Chief Financial Officer, XMi
Charlotte A. Nesbitt, MA · Secretary	Executive Director, Park Manor
<b>One-Year Terms</b>	
William S. Cochran, CLU	Managing Partner Emeritus, Northwestern Mutual Financial Network
Patty Marks	Community Volunteer; President, Temple Ohabai Shalom
Bernard A. Pargh	Founder and President, B.A. Pargh Company; Private Investor
Anna Sir	Senior Volunteer Coordinator, JFS of Nashville & Middle Tennessee
<b>Two-Year Terms</b>	
Paula Lovell	Founder and President, Lovell Communications, Inc.
Peter Miller, MSEE	Director, Vanderbilt HealthTech Laboratory
Deborah Robin, MD	Associate Professor of Medicine, Geriatrics and Long-Term Care, Vanderbilt University
Mary Ellen Rodgers	Senior Vice President, Private Client Advisor, U.S. Trust, Bank of America
Ann Westfall	Director of Development, University School of Nashville
<b>Three-Year Terms</b>	
Judy Shmerling Given, MA, LCPC	Director of Campus Development, Park Manor
Stacey Garrett	Attorney, Founding Member and Board of Directors Chair, Bone McAllester Norton, PLLC